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| Maria Hall February Activities – 2025 |  |

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  |  |  |  |  |  | **10:15 Exercise w/ Sam (3rd Floor)**  **1:15pm Games with Sarah C. in the MH Lobby** |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| **10:15 Exercise w/ Sam (3rd Floor)**  **11:00am Mass in Chapel or Ch. 2493**  **2:00pm Sunday Cinema (2nd Floor Woodside)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Bingo (MH Lobby)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:00pm Mindfulness Meditation in Chapel**  **2:30pm Valentine’s Day Art Project (MH Lobby)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Blackjack (MH Lobby)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Yoga w/ Debra (2nd Floor Woodside)**  **3:30pm Happy Hour** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Neighborhood Association Meeting** | **10:15 Exercise w/ Sam (3rd Floor)**  **2:30pm President Abe & Mary Todd Lincoln Presentation in Chapel** |
| 9 | 10 | 11 | 12 | 13 | **Valentine’s Day** 14 | 15 |
| **10:15 Exercise (3rd Floor)**  **11:00am Mass in Chapel**  **2:30pm Art Class w/ Sarah Lamb on 2nd Floor Woodside**  **6:00pm Super Bowl Watch Party in MH Lobby** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:30pm Bingo (MH Lobby)**  **2:30pm Steve Bays Piano Performance in Chapel** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:00pm Mindfulness Meditation in Chapel**  **3:00pm Frazier Museum Stories in Mind (MH Lobby)** | **10:15am Exercise (3rd Floor)**  **10:00-11:30am Approaching the Transition Support Group**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Bunco (MH Lobby)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **3:30pm Happy Hour** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:30pm Wisdom Circle**  **2:30pm Marie Augustine Concert in Chapel** | **10:15 Exercise w/ Sam (3rd Floor)**  **2:30pm Curtis Williams Concert in Chapel or CH 2493** |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| **10:15 Exercise w/ Sam (3rd Floor)**  **11:00am Mass in Chapel or Ch. 2493** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Bingo (MH Lobby)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:00pm Mindfulness Meditation in Chapel**  **2:30pm Hospitality Mtg** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Left, Right, Center (MH Lobby)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Yoga w/ Debra (2nd Floor Woodside)**  **3:30pm Happy Hour** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:30pm Wisdom Circle**  **2:30pm Movie Matinee & Popcorn** | **10:15 Exercise w/ Sam (3rd Floor)**  **11am Coffee and Current Events in the Café**  **1:15pm Games with Sarah C. in the MH Lobby** |
| 23 | 24 | 25 | 26 | 27 | 28 |  |
| **10:15 Exercise w/ Sam (3rd Floor)**  **11:00am Mass in Chapel or Ch. 2493** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:30pm Bingo (MH Lobby)**  **2:30pm Misha Feigin Piano Concert in Chapel** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:00pm Mindfulness Meditation in Chapel**  **3:00pm Frazier Museum Stories in Mind (MH Lobby)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Don Watson Concert in Chapel**  **4:30pm Maria Hall Supper Club** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **3:30pm Happy Hour** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:30pm Wisdom Circle**  **2:30pm Movie Matinee & Popcorn** | **<< All activities are subject to change. Please see Life Enrichment Team with any questions. >>** |