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| Maria Hall September Activities – 2024 |  |

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1 | **Barbara P. Birthday** 2 | 3 | 4 | 5 | 6 | 7 |
| **11:00am Mass in Our Lady of Nazareth Chapel or Ch. 2493** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:30pm Bingo (MH Lobby)**  **2:30pm Musical Fitness (Sunrise DR Spalding Square)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:00pm Pet Therapy with Brea (Room to Room)**  **2:30pm Bunco (MH Lobby)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:00pm Rosary and Faith Reflections (3rd Floor)**  **3:30pm Art Studio led by Becca (3rd Floor)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:00pm Rosary (MH Lobby)**  **2:30pm Yoga w/ Debra (2nd Floor Woodside)**  **3:30pm Happy Hour** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Neighborhood Association Meeting** | **1:15pm BINGO in the MH Lobby** |
| 8 | 9 | 10 | 11 | **Mildred E. Birthday** 12 | **Jim J. Birthday** 13 | 14 |
| **11:00am Mass in Our Lady of Nazareth Chapel or Ch. 2493**  **2:30pm Ice Cream Social with Julie!** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:00pm One on One Visits**  **2:30pm Bingo (MH Lobby)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:00pm Pet Therapy with Brea (Room to Room)**  **3:00pm Frazier Museum Stories in Mind (MH Lobby)** | **10:00-11:30am Approaching the Transition Support Group (3rd Fl)**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Sacrament of Anointing of the Sick and Rosary in the Chapel** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:00pm Rosary (MH Lobby)**  **3:30pm Happy Hour** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Tari Martin Performance in the Chapel** | **1:15pm Games with Sarah C. in the MH Lobby** |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| **11:00am Mass in Our Lady of Nazareth Chapel or Ch. 2493** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:30pm Bingo (MH Lobby)**  **2:30pm Lovasco & Emery Concert in Chapel** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:00-4:00pm Traveling Nail Care Cart (Room to Room)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:00pm Rosary and Faith Reflections (3rd Floor)**  **6:00pm Remembrance Ritual in Chapel** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:00pm Rosary (MH Lobby)**  **2:30pm Yoga w/ Debra (2nd Floor Woodside)**  **3:30pm Happy Hour** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:00pm “Young Woman and the Sea” Watch Party on Woodside (2nd Floor)** | **1:15pm BINGO in the MH Lobby** |
| 22 | 23 | 24 | 25 | 26 | **Anne C. Birthday** 27 | 28 |
| **11:00am Mass in Our Lady of Nazareth Chapel or Ch. 2493** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:30pm Bingo (MH Lobby)**  **2:30pm Silver Notes Concert in Chapel** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:00pm Pet Therapy with Brea (Room to Room)**  **3:00pm Frazier Museum Stories in Mind (MH Lobby)** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:00pm Rosary and Faith Reflections (3rd Floor)**  **5:00pm Fall Fest Supper Club** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:00pm Rosary (MH Lobby)**  **3:30pm Happy Hour** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **2:30pm Bunco with Becca** | **11am Coffee and Current Events in the Café**  **1:15pm BINGO in MH Lobby** |
| 29 | 30 |  |  |  |  |  |
| **11:00am Mass in Our Lady of Nazareth Chapel or Ch. 2493** | **10:15am Exercise (3rd Floor)**  **11:00am Mass (Chapel/CH 2493)**  **1:00pm One on One Visits**  **2:30pm Bingo (MH Lobby)** |  |  |  |  | **<< All activities are subject to change. Please see Life Enrichment Team with any questions. >>** |